

# STUDENT INFORMATION

## Regional Final

Jack Petchey's  
**"SPEAK OUT"**  
Challenge!

**Congratulations** on being selected to represent your school at a Regional Final. Every year **over 30,000 young people** take part in Jack Petchey's Speak Out Challenge and **only the top 2% make it** to a Regional Final.

Please make an immediate note of this date and circulate it to all your potential supporters.

Date:

Time: 4pm to 8.30pm

Venue:

## What to expect at your Regional Final

### Schedule

**4pm** - Arrive with your teacher for a compulsory workshop designed to boost your confidence. We will brief you on the order of events and technical elements such as microphone use. Refreshments will be provided.

**6pm** - Light refreshments will be provided for all guests including your supporters.

**6.20pm** - Guests will begin to be seated.

**6.30pm** - The event will start.

**8.30pm** - The event will conclude.

### Who will be there?



**You and your teacher** - Wear your school uniform. If your school doesn't have a uniform, please dress professionally.



**Your supporters** - Make sure you invite your family and friends, the applause of your supporters can make all the difference on the night.

**Other Finalists** - There will usually be 15 - 20 Year 10 students speaking at each event.



**The Speak Out Challenge Team** - There will be a whole team of people making sure the event runs smoothly, including a Host and a Trainer. They are there to support you, so ask any questions that you have.



**Judges** - The competition will be judged by a panel of VIP judges from a variety of businesses and professions in your region.



**Media** - There will be a professional photographer present and your photos will be available on [jpspeakoutchallenge.com](http://jpspeakoutchallenge.com) after the event. We will also issue a press release after the event so do keep an eye out for your name in the local papers!

Delivered by

**SpeakersTrust**  
Speak and Be Heard

[jpspeakoutchallenge.com](http://jpspeakoutchallenge.com)

In partnership with

**JackPetchey  
Foundation**  
Inspire • Motivate • Achieve

## Rules

**Topic** - We recommend that the speech topic is the same you delivered during the training day. This speech has already shown it has winning qualities – now concentrate on fine tuning your content, structure, delivery and positive message. Remember this speech may be posted online so think carefully about your topic and what you chose to share with the audience and people online. If you think your speech might offend, think carefully again about your language – your speech should aim to achieve maximum impact in a positive and effective way. The judges will be looking for a positive message.

**Delivery** - Please remember to be yourself; public speaking is not rap, poetry or spoken word. Speeches that are mainly rap, poetry or spoken word will be awarded no marks in the delivery category.

**Positivity** - At this stage of the competition, your speech will be judged on the positive impact it has on the audience. This doesn't mean you can't take on challenging subjects, but your audience wants to hear your solutions.

**Time** - The speech should be a minimum of 1½ minutes up to a maximum of 3 minutes. If your speech is under or over time you will receive a 4-point penalty.

**Notes** - Notes should not be used.

## Judging

The judging will be based on the Speak Out Communication Triangle and the Positive Impact of your speech. Content, Delivery, Structure and Positive Impact will each be worth 20 points. **You are the next generation of decision makers and this is your chance to make positive change. Negative speeches will be marked down, speeches with a positive message score higher.**

### Content

Accurate facts and information, original ideas, interesting stories, a positive message.



### Delivery

Use of voice and body language to increase the impact of the speech.



### Structure

A 'hook' at the beginning. Carefully crafted content. A message or challenge at the end.



### Positive Impact

Changing the way the audience think, feel or act for the better. Positive messages that inspire change.



## How to prepare for your Regional Final

One week before your Regional Final event you will be invited to a digital workshop to help you hone your speech. This is your chance to meet the other finalists and ask any questions about the Regional Final. Your teacher will share the workshop details with you.

## REMEMBER

**Stride** with confidence



**Stand** strong



**Speak** with clarity



**Smile** to engage



**Stay** for applause



Use this QR code to access digital resources that will help you prepare

If you can't use a QR code you can visit this page on our website:

[jsppeakoutchallenge.com/for-students](https://jsppeakoutchallenge.com/for-students)