

# Jack Petchey's "SPEAK OUT" Challenge!



## What is the Speak Out Challenge?

Jack Petchey's Speak Out Challenge is the UK's largest youth speaking competition, delivered by Speakers Trust with support and funding from the Jack Petchey Foundation. We offer free communication skills training to every state school in London and Essex.

## Why is it important right now?

Our training empowers teenagers from all backgrounds to become strong communicators, raising **confidence**, improving **employability** and providing opportunities to **connect** with one another and the world. These are skills that are needed now more than ever. We know how disruptive the COVID-19 pandemic has been for young people's education, confidence and mental health. We are determined to continue providing this life changing opportunity.

## How we support you

We have adapted our programme to suit the needs and circumstances of every state school. Our expert trainer team have been fully trained in Covid-safe delivery and we have a comprehensive risk assessment to keep everyone safe.

If you are unable to host us live, we offer a remote version of our workshop which includes teacher training and resources for embedding oracy throughout the curriculum. If this is your preferred option please email [hello@speakerstrust.org](mailto:hello@speakerstrust.org) for more details.

## Why should your students take part?

After a communication skills workshop

**95%** 

of students better understand feelings, views, faith and values of others

**75%** 

of students have increased their ability to work under pressure

**70%** 

of students have improved their ability to communicate publicly

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To book your training or to ask any questions:

email [hello@speakerstrust.org](mailto:hello@speakerstrust.org), call 020 8146 6231

or visit [jpspeakoutchallenge.com](http://jpspeakoutchallenge.com)

Watch previous speeches on the [Speakers Trust YouTube Channel](#)

Delivered by

**Speakers Trust**   
Speak and Be Heard

In partnership with

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# HOW DOES SPEAK OUT CHALLENGE WORK?

## What is the workshop?

- ❓ One full day of communications skills training for Year 10 students
- ❓ Structured, interactive exercises for individuals and groups to develop communication skills, expand comfort zones and support participants to exceed expectations
- ❓ Participants share their views, learn from each other and at the end of the day will have spoken out on a topic of their choice
- ❓ The workshop has been comprehensively risk-assessed and facilitators trained in Covid-Safe delivery

## What do we require?

- ✔ A mixed ability group of 25-30 Year 10 students (minimum of 25 students)
- ✔ All work materials for students are provided, they just need a pen
- ✔ One classroom per workshop with tables cleared to the side
- ✔ One teacher present in the classroom throughout the workshop day

## Why do the training?

- ❓ Our learning outcomes contribute to GCSE Speaking and Listening requirements
- ❓ The programme has been developed in line with Ofsted frameworks and recommended by the DfE as developing Character Education
- ❓ Results demonstrate increased student confidence and skills and more supportive relationships between students



## Dates

- 📍 We recommend you book your workshop at least three weeks in advance of your Regional Final date to be eligible to take part in a live event

You can find dates of Regional Final events on [jpspeakoutchallenge.com](https://jpspeakoutchallenge.com)

## Workshops are delivered by communication skills experts with:

- ✔ Enhanced DBS checks
- ✔ COVID-safe delivery training
- ✔ Up-to-date safeguarding training

## Cost

- £ Your first workshop is **FREE** – the Jack Petchey Foundation funds this

You may be entitled to more free workshops, email [hello@speakerstrust.org](mailto:hello@speakerstrust.org) for more details

- £ You can book workshops for the full year group – each additional workshop requires a school contribution of £295 (subsidised from £660)

## Progressive opportunities

- ✔ All workshop participants receive a certificate
- ✔ There are a series of progressive competition elements with cash prizes including Regional Finals and a prestigious Grand Final where students can win up to £5,000 to split between themselves and their school
- ✔ Progressive opportunities have both live and remote options

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