

Jack Petchey's "SPEAK OUT" Challenge!



What is the "Speak Out" Challenge!?

Jack Petchey's "Speak Out" Challenge! is the UK's largest youth speaking competition, delivered by Speakers Trust with support and funding from the Jack Petchey Foundation. We offer free communication skills training to every state school in London and Essex.

Why is it important right now?

Our training empowers teenagers from all backgrounds to become strong communicators, raising **confidence**, improving **employability** and providing opportunities to **connect** with one another and the world. These are skills that are needed now more than ever. We know how disruptive the COVID-19 pandemic has been for young people's education, confidence and mental health. We are determined to continue providing this life changing opportunity.

How we support you

We have adapted our programme to suit the needs and circumstances of every state school. Our expert trainer team have been fully trained in Covid-safe delivery and we have a comprehensive risk assessment to keep everyone safe.

If you are unable to host us live, we offer a remote version of our workshop which includes teacher training and resources for embedding oracy throughout the curriculum.

How you can get involved

Choose your training format:

Live, in school, COVID-safe training

Remote training

Why should your students take part?

After a communication skills workshop

97%

of students better understand feelings, views, faith and values of others

79%

of students have increased their ability to work under pressure

72%

of students have improved their ability to communicate publicly

© SPEAKERS TRUST

Delivered by

Speakers Trust

Speak and Be Heard

To book your training or to ask any questions:

email hello@speakerstrust.org, call 0207 073 2616

or visit www.speakoutchallenge.com

Watch previous speeches on the [Speakers Trust YouTube Channel](#)

In partnership with

Jack Petchey Foundation

Inspire • Motivate • Achieve

IN-SCHOOL “SPEAK OUT” CHALLENGE!

Jack Petchey's
“SPEAK OUT”
Challenge!

How does “Speak Out” Challenge! work?

What is the workshop?

- ❓ One full day of communications skills training for Year 10 students
- ❓ Structured, interactive exercises for individuals and groups to develop communication skills, expand comfort zones and support participants to exceed expectations
- ❓ Participants share their views, learn from each other and at the end of the day will have spoken out on a topic of their choice
- ❓ The workshop has been comprehensively risk-assessed and facilitators trained in Covid-Safe delivery

What do we require?

- ✅ A mixed ability group of 25-30 Year 10 students
- ✅ All work materials for students are provided, they just need a pen
- ✅ One classroom per workshop with tables cleared to the side
- ✅ One teacher present in the classroom throughout the workshop day

Why do the training?

- ❓ Our learning outcomes contribute to GCSE Speaking and Listening requirements
- ❓ The programme has been developed in line with Ofsted frameworks and recommended by the DfE as developing Character Education
- ❓ Results demonstrate increased student confidence and skills and more supportive relationships between students

Dates

- 📅 Workshops can happen any time this academic year

Workshops are delivered by communication skills experts with:

- ✅ Enhanced DBS checks
- ✅ COVID-safe delivery training
- ✅ Up-to-date safeguarding training



Cost

- £ Your first workshop is **FREE** – the Jack Petchey Foundation funds this
- £ You can book workshops for the full year group – each additional workshop requires a school contribution of £295 (subsidised from £660)

Progressive opportunities

- ✅ All workshop participants receive a certificate
- ✅ There are a series of progressive competition elements with cash prizes including Regional Finals and a prestigious Grand Final
- ✅ Progressive opportunities have both live and remote options



© SPEAKERS TRUST

Delivered by

SpeakersTrust
Speak and Be Heard

To book your training or to ask any questions:
email hello@speakerstrust.org, call 0207 073 2616
or visit www.speakoutchallenge.com

Watch previous speeches on the [Speakers Trust YouTube Channel](#)

In partnership with

**JackPetchey
Foundation**
Inspire • Motivate • Achieve

DIGITAL “SPEAK OUT” CHALLENGE!

Jack Petchey's
“SPEAK OUT”
Challenge!

What is the workshop?

- ? A workshop for students who are together in the classroom, delivered by a trainer who is remote
- ? Two 2-hour sessions of interactive, group and individual exercises
- ? Includes a teacher resource pack and opportunities for teacher CPD in embedding oracy across the curriculum
- ? Participants share their views, learn from each other and at the end of the day will have spoken out on a topic of their choice

What do we require?

- ✓ Two 2-hour time slots (can be on the same day or different days, during school or after school)
- ✓ Access to Zoom/Microsoft Teams or a video calling platform of your choice
- ✓ A classroom with a projector/screen and audio so that the trainer can be seen and heard by all students
- ✓ A mixed ability group of 12-20 students in Year 10
- ✓ A teacher in the room actively supporting the facilitation
- ✓ All work materials for students are posted to the school, they just need a pen

Why do the training?

- ? Our learning outcomes contribute to GCSE Speaking and Listening requirements
- ? The programme has been developed in line with Ofsted frameworks and recommended by the DfE as developing Character Education
- ? Results demonstrate increased student confidence and skills and more supportive relationships between students

Dates

- 📍 Workshops can happen any time this academic year

Workshops are delivered by communication skills experts with:

- ✓ Enhanced DBS checks
- ✓ Up to date safeguarding training, including digital safeguarding training



Cost

- £ Your first workshop is FREE – the Jack Petchey Foundation funds this
- £ You can book workshops for the whole year group at a heavily subsidised rate

Progressive opportunities

- ✓ All workshop participants receive a certificate
- ✓ There are a series of progressive competition elements with cash prizes including Regional Finals and a prestigious Grand Final
- ✓ Progressive opportunities have both live and remote options



© SPEAKERS TRUST

Delivered by

SpeakersTrust
Speak and Be Heard



To book your training or to ask any questions:
email hello@speakerstrust.org, call 0207 073 2616
or visit www.speakoutchallenge.com

Watch previous speeches on the [Speakers Trust YouTube Channel](#)

In partnership with

**JackPetchey
Foundation**
Inspire • Motivate • Achieve

